

<u>Week One</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
GLOBAL ADVENTURE	CARIBBEAN Jerk Beef Wrap Carnival Pasta Sweetcorn	CHINESE Aromatic Soy Pork with Egg Noodles Wok Tossed Oriental Vegetables	Roast Turkey Roast Potatoes Seasonal Cabbage Carrots Gravy	INDIAN Beef Keema Balti Curry Naan Bread Wholegrain Rice	BRITISH Crispy Battered Fish Fillet Chips Peas Carrots Baked Beans
HIGH STREET FAVES	DEEP SOUTH DINER New Yorker Quorn Dog (v) Black Eyed Bean Vegetable Burger (v) Cajun Wedges Chop Salad	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco Oriental Noodles (v) Garlic Bread BBQ Beans	DEEP SOUTH DINER Ultimate Cheese Burger Sweet Potato & Squash Casserole (v) Paprika Wedges Peas	WINGS & THINGS Lemon Piri Chicken Pitta Vegetable & Bean Quesadilla (v) Tomato and Herb Rice Caesar Salad	DEEP SOUTH DINER Cajun Pulled Pork & Bean Pitta Vegetable Quarter Pounder (v) Chips Pineapple Coleslaw
SPEEDY ITALIAN	Veggie Supreme Pizza (v) Veg Bolognese Pasta (v) Margherita Pizza (v)	Crispy Bacon Pizza Arrabiata Pasta (v) Margherita Pizza (v)	Hawaiian Pizza Beef Lasagne Margherita Pizza (v)	3 Cheese Sicilian Pizza (v) Chunky Vegetable Pasta Margherita Pizza (v)	Vegetable Hot One Pizza (v) Herby Tomato Pasta**(v) Margherita Pizza (v)

** Wholemeal pasta *** Oily Fish (v) Vegetarian

<u>Week Two</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
GLOBAL ADVENTURE	CHINESE Chicken Hakka Noodles Broccoli	MEXICAN Baked Beef Chimichangas Cajun Wedges Sweetcorn Salad	BRITISH Roast Pork Roast potatoes Seasonal Cabbage Carrots Gravy	JAPANESE Chicken Katsu Curry Pineapple Rice Pickled Cucumber Salad	BRITISH Crispy Battered Fish Fillet Chips Peas Carrots Baked Beans
HIGH STREET FAVES	WINGS & THINGS Chicken Mayo Burger Halloumi & Roasted Vegetable Wrap (v) Paprika Wedges American Style Slaw	WINGS & THINGS Cajun Chicken with Salsa Boston Bean Casserole (v) Wholegrain Rice* Red Slaw	DEEP SOUTH DINER Beef Burger Sweet Potato and Black Bean Enchilada (v) Baked Garlic and Herb Wedges BBQ Beans	DEEP SOUTH DINER Chipotle BBQ Pork BBQ Quorn and Vegetable Skewer (v) Garlic Bread* Corn on the Cob	MEDITERRANEAN Mackerel Nicoise Salad *** (oily fish) Quorn Sausage Pattie and Cheese Bun (v) Chips Apple Slaw
SPEEDY ITALIAN	Vegetable Hot One Pizza (v) Arrabiata Pasta (v) Margherita Pizza (v)	Chicken Supreme Pizza Herby Tomato Pasta (v) Margherita Pizza (v)	Vegetable Supreme Pizza BBQ Chicken Pasta ** Margherita Pizza (v)	Crispy Bacon Pizza Beef Lasagne Margherita Pizza (v)	Cheese and Tomato Pizza (v) Italian Chicken Pasta Margherita Pizza (v)

** Wholemeal pasta *** Oily Fish (v) Vegetarian

<u>Week Three</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
GLOBAL ADVENTURE	MEXICAN Chicken Molay Mexican Yellow Rice* Green Beans	INDIAN Curried Pulled Pork Flatbread Spiced Sweet Potato Crunch Vegetable Salad	BRITISH Roast Beef Roast potatoes Seasonal Cabbage Carrots Gravy	THAI Chicken Pad Khing Broccoli	BRITISH Crispy Battered Fish Fillet Chips Peas Carrots Baked Beans
HIGH STREET FAVES	DEEP SOUTH DINER Beef Chilli Black Eyed Bean and Vegetable Jambalaya Garlic Bread Southern Greens	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco Sweet Potato Bean Burger Carnival Rice Corn Slaw	DEEP SOUTH DINER Quorn Cheese Burger Loaded Triple Mac 'n' Cheese Baked Garlic and Herb Wedges (no oil) BBQ Beans	WINGS & THINGS Smoky BBQ Chicken and Boston Bean Wrap Sweetcorn Chickpea Vegetable Burger Paprika Wedges (no oil) Chop Salad	DEEP SOUTH DINER New York Hot Dog Cajun Vegetable & Bean Currito Chips House Slaw
SPEEDY ITALIAN	Vegetable Hot One Pizza (v) Cheesy Penne Pasta (v) Margherita Pizza (v)	3 Cheese Sicilian Pizza (v) Chicken and Tomato Pasta Bake** Margherita Pizza (v)	Mushroom & Sweetcorn Pizza (v) Carbonara Pasta (v) Margherita Pizza (v)	Cheese and Tomato Pizza Herby Tomato Pasta (v) Margherita Pizza (v)	Cajun Chicken Sizzler Pizza Beef Bolognaise Margherita Pizza (v)

** Wholemeal pasta *** Oily Fish (v) Vegetarian

MEAL DEAL FRUIT BASED DESSERT MENU

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
WEEK ONE	Peach mousse crunch	Pineapple upside down pudding with custard	Apple and blackberry charlotte with custard	Chocolate orange mousse crunch	Apple and cinnamon strudel with custard
WEEK TWO	Apple and blackberry pie	Strawberry mousse crunch	Caramelised apricot tart with custard	Apple and blackberry charlotte	Plum cobbler with custard
WEEK THREE	Peach sponge tray bake served with custard	Chocolate orange mousse crunch	Pineapple upside down pudding with custard	Peach crumble served with chocolate sauce	Peaches with homemade granola and yoghurt